

KOBE MARATHON 2019

Organizers : Hyogo Prefectural Government / Kobe City /

Hyogo Prefectural Board of Education / Kobe City Board of Education /

Hyogo Amateur Athletic Association /

Chief Referee: Katsuji Honjyo

Chief Recorder: Kazuhiro Fujita

Course: START: Kobe City Hall. Turning Point: West of Akashi-Kaikyo Bridge (Nishi-Maiko, Tarumi Ward)

Course certification is by Japan Association of Athletics Federations and Association of International Marathons and Distance Races (AIMS)

MARATHON FEMALE

Sunday, November 17th, 2019

9:00 First Wave start.

9:15 Second Wave start.

Rank	No.	Name	Age	5km	10km	15km	20km	25km	30km	35km	40km	Results
1		Haruka Yamaguchi	32	0:17:43	0:34:52	0:52:08	1:09:18	1:26:42	1:44:13	2:01:54	2:19:59	2:27:39 *
2		Sisay Meseret Gola	21	0:17:44	0:35:24	0:53:36	1:11:51	1:30:00	1:47:57	2:05:57	2:24:05	2:31:30 *
3		Tesfanesh Merga	33	0:17:44	0:35:25	0:53:36	1:11:52	1:30:01	1:47:58	2:05:57	2:24:08	2:31:43
4		Miriam Wangari	40	0:17:44	0:35:25	0:53:36	1:11:51	1:30:01	1:47:56	2:05:57	2:24:05	2:31:48
5		Shiho Kaneshige	30	0:17:59	0:35:49	0:53:49	1:11:51	1:30:00	1:47:56	2:05:57	2:24:15	2:31:56
6		Betty Jepleting	31	0:17:42	0:35:23	0:53:36	1:11:41	1:30:01	1:48:45	2:07:57	2:27:40	2:36:08
7		Jintein Son	24	0:18:49	0:37:14	0:55:51	1:14:16	1:32:29	1:50:55	2:09:33	2:28:36	2:36:28
8		Susan Jerotich	32	0:17:42	0:35:24	0:53:35	1:11:50	1:30:26	1:51:02	2:10:47	2:30:40	2:39:04
9		Tennille Ellis	34	0:18:33	0:37:07	0:55:52	1:14:43	1:33:52	1:53:04	2:12:21	2:31:55	2:40:09
10		Mizuha Otaru	23	0:19:33	0:39:00	0:58:21	1:17:36	1:36:51	1:56:09	2:15:14	2:34:39	2:42:53
11		Yuna Migita	20	0:18:55	0:37:58	0:57:26	1:17:03	1:36:51	1:56:11	2:15:52	2:36:37	2:45:51
12		Ai Ogo	45	0:19:34	0:39:19	0:59:08	1:18:54	1:38:48	1:58:44	2:18:35	2:38:40	2:47:15
13		Rika Yonetani	37	0:19:42	0:39:15	0:58:45	1:18:17	1:37:51	1:57:51	2:17:52	2:38:59	2:48:00
14		Miki Yokogawa	21	0:18:41	0:37:44	0:56:45	1:16:08	1:35:42	1:55:59	2:17:19	2:39:35	2:48:17
15	10169	Masa Shimizu	38	0:19:33	0:39:18	0:59:08	1:18:47	1:38:27	1:58:29	2:19:01	2:40:51	2:50:00
16		Miwa Fumimura	45	0:20:03	0:40:03	1:00:00	1:20:01	1:40:10	2:00:27	2:21:10	2:42:43	2:51:39
17		Maki Nishioka	28	0:18:55	0:38:03	0:57:31	1:17:04	1:37:44	2:00:52	2:24:31	2:46:57	2:56:17
18	10022	Natsumi Ikawa	19	0:19:40	0:39:36	0:59:42	1:19:57	1:40:23	2:02:05	2:23:49	2:46:45	2:56:25
19	11041	Azusa Sato	27	0:22:26	0:43:15	1:04:19	1:25:53	1:47:23	2:08:23	2:28:49	2:49:23	2:57:45
20	10569	Kumiko Sakamoto	40	0:20:32	0:40:44	1:01:02	1:21:47	1:42:57	2:04:24	2:26:23	2:48:38	2:58:05
21	10010	Sayaka Murata	39	0:19:33	0:39:15	0:58:46	1:18:35	1:39:22	2:02:12	2:25:24	2:48:48	2:58:09
22	10753	Yuri Tanaka	27	0:21:33	0:42:43	1:04:06	1:25:32	1:47:07	2:08:45	2:29:56	2:50:22	2:58:49
23	10733	Hisayo Kakinuma	41	0:21:02	0:41:57	1:03:04	1:24:27	1:45:52	2:07:12	2:28:26	2:50:07	2:58:54
24	10738	Kazuki Uehara	45	0:21:11	0:42:08	1:03:07	1:24:34	1:45:55	2:07:14	2:28:31	2:50:28	2:59:44
25	12011	Minako Asada	25	0:23:12	0:44:10	1:05:04	1:26:15	1:47:26	2:08:53	2:30:19	2:52:09	3:01:30
26	10756	Akiko Kataoka	47	0:21:36	0:42:35	1:03:57	1:25:05	1:46:23	2:08:02	2:29:40	2:52:17	3:01:46
27	11104	Yuka Ito	46	0:22:30	0:43:17	1:04:04	1:25:10	1:46:29	2:08:04	2:30:01	2:53:18	3:02:57
28	10978	Satoko Uetani	38	0:21:42	0:42:29	1:03:57	1:25:04	1:46:22	2:08:03	2:30:06	2:53:30	3:03:19
29	11811	Natsumi Sakamoto	26	0:21:32	0:42:34	1:03:55	1:25:14	1:46:54	2:09:17	2:31:44	2:54:44	3:04:12
30		Yurie Doi	30	0:21:02	0:42:52	1:04:55	1:26:58	1:49:11	2:11:05	2:32:30	2:54:33	3:04:20
31	11203	Hitomi Tanabe	47	0:21:31	0:42:18	1:03:19	1:24:30	1:45:53	2:07:16	2:30:11	2:54:26	3:04:26
32	10729	Sachiko Einaga	48	0:21:09	0:42:09	1:03:08	1:24:32	1:46:11	2:08:07	2:31:04	2:55:21	3:05:37
33	11908	Yoshimi Tanaka	31	0:21:49	0:42:58	1:04:23	1:25:55	1:47:38	2:09:43	2:32:07	2:55:37	3:05:38
34	10740	Miyuki Yamaguchi	54	0:21:02	0:41:58	1:03:04	1:24:32	1:46:10	2:08:12	2:31:01	2:55:22	3:05:48
35	11587	Hina Shimasaki	20	0:21:31	0:42:29	1:03:24	1:24:41	1:46:22	2:08:25	2:31:30	2:55:58	3:06:23
36	10752	Kiyomi Eda	47	0:21:47	0:43:11	1:04:31	1:26:14	1:48:15	2:10:30	2:33:03	2:56:50	3:06:59
37		Akiko Sugo	24	0:21:37	0:43:16	1:04:53	1:26:55	1:49:08	2:11:41	2:34:18	2:57:24	3:07:08
38	11753	Yoko Matsumoto	52	0:22:28	0:43:52	1:05:30	1:27:40	1:49:43	2:12:05	2:34:25	2:57:09	3:07:10
39	11091	Yukiko Yano	43	0:21:13	0:42:26	1:03:55	1:25:02	1:46:21	2:07:56	2:30:03	2:55:52	3:07:21
40	11794	Hitomi Azuma	37	0:22:07	0:43:59	1:05:59	1:28:11	1:50:16	2:12:26	2:34:42	2:57:54	3:07:30
41	10744	Taiko Doi	44	0:21:38	0:43:06	1:04:41	1:26:28	1:48:33	2:11:12	2:34:00	2:57:47	3:07:42
42	10772	Rie Asano	41	0:22:58	0:45:05	1:07:32	1:29:59	1:52:33	2:15:06	2:37:04	2:58:49	3:07:56
43	11894	Mieko Morikawa	45	0:22:30	0:44:32	1:06:42	1:29:13	1:51:35	2:13:57	2:36:17	2:58:57	3:08:22
44	10009	Kaori Fukumoto	46	0:21:02	0:42:04	1:03:15	1:25:04	1:47:23	2:10:26	2:34:14	2:58:29	3:08:49
45	11364	Tokimi Sugiyama	41	0:22:44	0:44:49	1:07:02	1:29:16	1:51:30	2:13:36	2:35:49	2:58:54	3:08:51
46	10759	Yoko Mishima	33	0:22:47	0:44:46	1:06:50	1:29:20	1:51:57	2:14:40	2:37:14	3:00:00	3:08:59
47	11991	Noriko Yamano	50	0:22:31	0:44:35	1:06:40	1:29:14	1:51:36	2:13:53	2:36:23	2:59:24	3:09:11
48	11536	Yoko Shichida	34	0:22:31	0:44:40	1:07:13	1:29:34	1:51:58	2:14:34	2:37:08	2:59:58	3:09:15
49	11989	Ayako Hirata	40	0:22:28	0:44:49	1:07:15	1:29:35	1:52:17	2:14:45	2:37:14	2:59:57	3:09:39
50	10758	Naomi Sato	49	0:22:28	0:44:46	1:06:35	1:29:12	1:51:39	2:14:03	2:36:28	2:59:45	3:09:39

* NGR

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9:00 First Wave start.

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Rank No.	Name	Age	5km	10km	15km	20km	25km	30km	35km	40km	Results
51	10769 Rumi Shimizu	47	0:22:31	0:44:53	1:07:19	1:29:39	1:52:21	2:15:01	2:37:32	3:00:26	3:09:40
52	10727 Yasuko Ohama	32	0:22:28	0:44:49	1:07:15	1:29:36	1:52:18	2:14:46	2:37:07	3:00:03	3:09:59
53	11082 Erika Kawamura	25	0:21:05	0:42:04	1:03:07	1:24:31	1:45:56	2:07:19	2:29:46	2:58:40	3:10:37
54	10726 Marina Matsura	26	0:22:05	0:43:29	1:04:59	1:26:24	1:48:45	2:10:52	2:37:27	3:01:08	3:10:53
55	11999 Miyuki Nishimura	39	0:23:33	0:45:10	1:07:16	1:29:36	1:52:19	2:14:47	2:37:21	3:00:53	3:10:56
56	Noriko Higuchi	34	0:20:55	0:42:48	1:03:54	1:24:57	1:46:27	2:09:25	2:34:22	3:01:17	3:11:32
57	10732 Miyoshi Kitada	46	0:22:19	0:43:52	1:05:44	1:28:04	1:50:31	2:13:43	2:37:12	3:01:18	3:11:34
58	10433 Takae Aso	27	0:21:53	0:44:14	1:06:34	1:29:13	1:51:56	2:14:38	2:37:46	3:01:39	3:11:38
59	11803 Miki Mino	26	0:22:57	0:45:04	1:07:15	1:29:35	1:52:17	2:14:46	2:37:16	3:01:28	3:11:53
60	10760 Sayuri Orito	56	0:22:28	0:44:46	1:07:14	1:29:36	1:52:21	2:14:58	2:38:16	3:02:18	3:12:12
61	10770 Miyuki Kato	46	0:22:36	0:45:12	1:07:47	1:30:21	1:53:03	2:16:03	2:39:06	3:02:31	3:12:15
62	10755 Haruka Masuyama	32	0:23:03	0:45:03	1:07:19	1:29:43	1:52:20	2:14:58	2:38:15	3:02:29	3:12:50
63	12000 Makiko Kawai	43	0:25:15	0:47:09	1:08:38	1:30:56	1:53:14	2:16:08	2:39:08	3:02:53	3:12:51
64	11193 Naomi Sato	41	0:21:53	0:43:55	1:05:52	1:28:14	1:50:54	2:14:07	2:37:17	3:02:04	3:12:51
65	11990 Aya Kimura	43	0:24:41	0:46:24	1:08:26	1:30:53	1:53:21	2:15:56	2:38:54	3:02:37	3:12:57
66	10011 Mizuho Imanishi	23	0:19:57	0:40:50	1:02:27	1:24:29	1:47:27	2:11:38	2:36:40	3:02:37	3:13:05
67	10761 Satoe Kodama	39	0:22:29	0:44:25	1:06:55	1:29:34	1:52:44	2:16:10	2:39:38	3:03:36	3:13:08
68	10731 Kaori Kamachi	41	0:22:35	0:44:52	1:07:18	1:29:37	1:52:17	2:14:49	2:38:08	3:03:19	3:13:38
69	10743 Tomomi Okuno	40	0:22:28	0:44:49	1:07:16	1:29:45	1:52:36	2:15:53	2:39:43	3:04:02	3:13:45
70	12038 Kazuyo Kijima	57	0:23:41	0:45:58	1:08:25	1:31:01	1:53:45	2:16:32	2:39:43	3:04:08	3:14:02
71	11948 Naho Seno	44	0:22:24	0:44:35	1:07:10	1:30:09	1:53:18	2:16:48	2:40:17	3:04:19	3:14:12
72	11098 Chinatsu Sato	20	0:21:36	0:42:27	1:03:59	1:26:05	1:49:11	2:12:37	2:37:11	3:03:20	3:14:30
73	11296 Yumi Imaizumi	52	0:22:34	0:43:55	1:05:13	1:26:48	1:48:47	2:11:57	2:35:58	3:04:05	3:14:45
74	11506 Akiko Takayanagi	46	0:23:54	0:46:46	1:09:44	1:32:41	1:55:49	2:19:04	2:42:16	3:05:25	3:14:51
75	10748 Naomi Miura	50	0:23:30	0:46:03	1:08:24	1:30:55	1:53:19	2:16:58	2:40:59	3:05:12	3:14:53
76	10742 Emi Ito	44	0:21:40	0:43:14	1:05:15	1:27:43	1:50:40	2:14:08	2:39:46	3:05:21	3:15:02
77	11725 Miho Imazu	23	0:22:28	0:44:50	1:07:16	1:29:38	1:52:30	2:15:55	2:40:02	3:05:13	3:15:33
78	12004 Kazue Marueki	54	0:23:41	0:45:53	1:07:56	1:30:24	1:53:13	2:16:14	2:40:35	3:05:33	3:15:45
79	10767 Saori Mukai	47	0:21:32	0:43:14	1:05:22	1:28:16	1:51:47	2:15:35	2:40:14	3:05:45	3:16:11
80	12836 Yumi Hosokawa	45	0:23:32	0:46:20	1:09:22	1:32:15	1:55:11	2:18:54	2:42:52	3:06:36	3:16:21
81	11768 Yoko Miyazaki	50	0:22:57	0:45:34	1:08:29	1:31:11	1:54:09	2:17:25	2:41:04	3:05:57	3:16:31
82	10730 Yuko Tabata	32	0:23:15	0:45:19	1:07:42	1:30:00	1:52:30	2:15:52	2:39:51	3:05:27	3:17:05
83	18291 Chiho Mori	42	0:29:10	0:51:18	1:13:11	1:35:07	1:57:36	2:20:19	2:43:33	3:07:10	3:17:09
84	14253 Mina Maekawa	35	0:25:19	0:47:49	1:10:02	1:32:35	1:55:31	2:18:58	2:42:35	3:06:42	3:17:12
85	10765 Kaori Asada	51	0:23:21	0:45:33	1:07:46	1:30:22	1:53:23	2:17:23	2:41:22	3:06:46	3:17:15
86	11424 Yui Shimoda	27	0:23:38	0:46:43	1:10:02	1:33:15	1:56:33	2:19:46	2:42:43	3:07:13	3:17:43
87	13684 Suzuyo Yazawa	43	0:26:03	0:48:59	1:11:34	1:34:25	1:57:37	2:20:47	2:44:02	3:08:01	3:17:49
88	10018 Hana Aida	22	0:20:32	0:41:29	1:02:42	1:25:20	1:49:54	2:16:18	2:42:42	3:08:13	3:18:11
89	11998 Asami Nakamura	33	0:24:41	0:47:49	1:10:59	1:34:20	1:57:45	2:21:17	2:44:41	3:08:31	3:18:20
90	10019 Mikoto Hakamada	20	0:21:53	0:44:15	1:06:35	1:29:12	1:54:04	2:18:36	2:43:30	3:07:45	3:18:28
91	11933 Rieko Fujii	46	0:22:31	0:44:52	1:07:24	1:30:29	1:54:21	2:18:44	2:43:44	3:08:54	3:19:09
92	12624 Rie Nishimura	50	0:24:44	0:47:36	1:10:22	1:33:27	1:56:51	2:20:45	2:44:48	3:09:26	3:19:12
93	11580 Mayumi Nishimura	39	0:23:51	0:46:22	1:09:01	1:32:05	1:55:42	2:19:45	2:43:57	3:08:59	3:19:17
94	12020 Kisaki Maezawa	51	0:23:43	0:46:21	1:09:15	1:32:23	1:55:30	2:18:55	2:42:53	3:08:28	3:19:21
95	10746 Natsumi Kawaratani	33	0:24:19	0:46:18	1:08:39	1:31:45	1:55:26	2:19:53	2:44:17	3:09:03	3:19:27
96	10766 Sachiyo Takahashi	46	0:22:59	0:45:17	1:07:54	1:31:00	1:54:47	2:18:54	2:43:42	3:09:08	3:19:38
97	11684 Megumi Kurihara	37	0:22:28	0:44:49	1:07:14	1:29:34	1:52:16	2:14:57	2:40:19	3:09:14	3:19:43
98	12947 Naoko Yamamoto	50	0:23:41	0:46:18	1:09:10	1:32:30	1:56:18	2:20:32	2:44:47	3:09:41	3:19:46
99	12748 Sayaka Ashino	35	0:24:59	0:48:00	1:10:51	1:33:58	1:57:02	2:20:16	2:45:50	3:09:42	3:19:48
100	11997 Myuka Kotani	50	0:24:38	0:47:57	1:11:24	1:34:59	1:58:42	2:22:40	2:46:15	3:10:14	3:19:59

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9:00 First Wave start.

9:15 Second Wave start.

Rank	No.	Name	Age	5km	10km	15km	20km	25km	30km	35km	40km	Results
101	10129	Mao Watanabe	26	0:21:05	0:42:05	1:03:12	1:25:28	1:48:53	2:15:48	2:42:08	3:09:26	3:19:59
102	12629	Ai Nanjo	27	0:22:45	0:44:50	1:07:15	1:29:35	1:52:17	2:16:16	2:42:08	3:09:04	3:20:04
103	12696	Sayaka Kanamori	40	0:22:57	0:44:55	1:06:57	1:29:25	1:52:32	2:16:42	2:42:06	3:09:20	3:20:06
104	12007	Hisaka Miyamoto	53	0:24:03	0:45:32	1:06:49	1:29:08	1:51:36	2:14:35	2:39:42	3:08:00	3:20:25
105	10021	Kotomi Uemoto	19	0:21:53	0:44:14	1:06:38	1:29:44	1:53:30	2:18:16	2:44:16	3:09:16	3:20:27
106	12272	Mari Nakatake	37	0:24:42	0:47:56	1:11:23	1:34:46	1:58:24	2:22:21	2:46:23	3:10:44	3:20:38
107	13821	Kayoko Wada	52	0:25:46	0:48:50	1:12:03	1:35:19	1:58:50	2:22:28	2:46:17	3:10:32	3:20:38
108	11936	Tomoko Maruyama	45	0:24:30	0:47:15	1:10:15	1:33:23	1:56:32	2:20:27	2:44:52	3:10:19	3:20:58
109	10739	Tomoko Kurashige	41	0:22:08	0:43:57	1:06:03	1:28:43	1:52:11	2:16:56	2:43:20	3:11:05	3:21:17
110	10773	Keiko Ogawa	52	0:22:04	0:44:14	1:06:33	1:29:35	1:53:54	2:20:17	2:46:19	3:11:46	3:21:20
111	12095	Miyuki Asada	54	0:23:52	0:46:18	1:08:41	1:31:13	1:54:51	2:18:54	2:43:45	3:10:24	3:21:23
112	11941	Yukiko Hamuro	33	0:24:13	0:47:07	1:10:19	1:33:23	1:57:09	2:21:13	2:45:57	3:11:02	3:21:24
113	12781	Yuriko Hyodo	32	0:24:14	0:47:23	1:10:55	1:34:32	1:58:24	2:22:41	2:46:27	3:11:27	3:21:29
114	13851	Sayuri Iwasa	47	0:28:57	0:52:58	1:16:15	1:39:30	2:02:43	2:25:29	2:48:10	3:11:31	3:21:31
115	12897	Yumiko Hirano	56	0:25:36	0:49:16	1:12:40	1:36:22	1:59:54	2:23:41	2:47:15	3:11:34	3:21:32
116	10751	Yukari Endo	43	0:21:51	0:44:12	1:07:03	1:30:57	1:55:25	2:20:14	2:45:26	3:10:51	3:21:38
117	12232	Sayaka Kokubu	44	0:24:44	0:48:04	1:11:14	1:34:58	1:58:30	2:22:24	2:46:31	3:11:17	3:21:41
118	12703	Kaoru Mito	44	0:24:55	0:48:21	1:11:49	1:35:20	1:58:49	2:22:38	2:46:31	3:11:29	3:21:49
119	12498	Chie Iwasa	25	0:25:29	0:49:03	1:12:20	1:35:41	1:59:19	2:22:48	2:46:18	3:11:43	3:22:08
120	12001	Chinatsu Otani	23	0:24:03	0:46:56	1:09:57	1:32:56	1:56:29	2:20:35	2:45:28	3:11:58	3:22:22
121	12024	Hiroko Ogawa	51	0:23:31	0:45:33	1:08:04	1:31:29	1:55:19	2:19:39	2:44:50	3:11:31	3:22:46
122	12917	Miki Inomata	43	0:25:38	0:47:43	1:10:13	1:33:15	1:56:57	2:21:38	2:47:55	3:12:23	3:22:53
123	14144	Miho Nakashima	40	0:26:09	0:49:14	1:12:11	1:35:16	1:58:40	2:22:06	2:46:58	3:12:26	3:23:06
124	13152	Yuko Dehari	28	0:25:08	0:48:18	1:11:48	1:35:27	1:59:24	2:23:34	2:47:57	3:13:08	3:23:11
125	12709	Naoko Sera	48	0:23:48	0:46:48	1:09:29	1:32:58	1:56:54	2:22:08	2:47:38	3:12:51	3:23:16
126	12884	Takako Fukuda	49	0:24:35	0:47:11	1:09:45	1:32:43	1:55:51	2:19:45	2:44:56	3:11:26	3:23:30
127	13120	Nanae Suda	44	0:24:54	0:47:35	1:10:13	1:33:20	1:57:07	2:21:37	2:46:39	3:13:07	3:23:43
128	12911	Tae Morishita	63	0:25:14	0:48:24	1:11:31	1:34:54	1:58:26	2:22:42	2:47:34	3:13:19	3:23:43
129	13020	Kazumi Nakamura	38	0:25:04	0:48:09	1:11:30	1:35:05	1:58:40	2:22:50	2:47:34	3:13:33	3:23:57
130	12172	Akiko Ninomiya	44	0:23:42	0:46:22	1:09:31	1:33:13	1:57:19	2:21:57	2:46:55	3:13:01	3:24:05
131	12376	Naomi Tsukahara	48	0:24:43	0:47:29	1:11:05	1:34:43	1:58:57	2:23:38	2:48:27	3:14:17	3:24:15
132	11784	Atsuko Ishido	47	0:23:43	0:46:51	1:10:31	1:34:28	1:59:01	2:23:39	2:48:19	3:13:46	3:24:31
133	11930	Keiko Sato	55	0:23:02	0:45:47	1:09:01	1:33:09	1:57:57	2:23:31	2:49:08	3:14:20	3:24:39
134	10741	Yoko Nakajima	46	0:22:22	0:44:49	1:07:38	1:31:30	1:55:42	2:20:34	2:47:02	3:14:03	3:24:52
135	13385	Aito Kimura	53	0:24:44	0:48:02	1:10:58	1:34:38	1:58:19	2:22:40	2:48:01	3:14:25	3:24:58
136	13068	Atsuko Iwaki	48	0:25:53	0:48:45	1:12:04	1:35:24	1:58:59	2:23:16	2:48:07	3:14:08	3:25:09
137	14169	Sayuri Ogiso	55	0:27:14	0:51:34	1:15:25	1:39:12	2:03:01	2:26:55	2:50:45	3:15:05	3:25:14
138	12443	Masami Takeyasu	50	0:25:29	0:49:24	1:13:25	1:37:12	2:00:52	2:25:06	2:49:24	3:14:49	3:25:24
139	13750	Akiko Maruichi	25	0:24:15	0:46:16	1:08:41	1:31:37	1:56:01	2:22:08	2:48:17	3:14:38	3:25:27
140	12602	Hiromi Koide	38	0:25:33	0:49:47	1:14:07	1:37:54	2:01:45	2:26:02	2:50:44	3:15:23	3:25:34
141	12522	Akiko Yamaguchi	42	0:24:35	0:47:10	1:09:46	1:32:27	1:56:34	2:23:16	2:48:39	3:14:31	3:25:41
142	12870	Hitomi Yoshida	36	0:26:41	0:51:12	1:15:55	1:40:34	2:04:38	2:28:41	2:52:27	3:16:03	3:25:54
143	11992	Kaoru Enomoto	32	0:25:14	0:49:00	1:12:46	1:36:48	2:00:49	2:25:34	2:50:12	3:15:33	3:26:03
144	12452	Junko Hamada	52	0:25:35	0:49:18	1:13:07	1:37:03	2:01:15	2:25:30	2:50:04	3:15:25	3:26:03
145	12603	Reiko Shimonasako	51	0:24:55	0:48:34	1:12:23	1:35:56	1:59:54	2:24:27	2:49:43	3:15:27	3:26:15
146	13658	Narumi Kamogawa	25	0:26:07	0:50:05	1:14:38	1:39:09	2:03:38	2:28:08	2:52:30	3:16:34	3:26:17
147	10020	Aoi Fujino	19	0:21:53	0:44:14	1:06:33	1:29:11	1:51:54	2:16:23	2:43:20	3:16:04	3:26:22
148	10749	Tomoko Nakagawa	46	0:24:08	0:47:09	1:10:10	1:33:33	1:56:56	2:20:56	2:45:49	3:16:05	3:26:23
149	12002	Sanae Kuwagaki	37	0:24:13	0:48:16	1:11:23	1:34:55	1:58:46	2:23:21	2:48:51	3:15:26	3:26:26
150	11724	Kazuna Nagata	35	0:23:50	0:46:50	1:10:14	1:34:05	1:58:10	2:23:01	2:48:48	3:15:37	3:26:31

KOBE MARATHON 2019

Organizers : Hyogo Prefectural Government / Kobe City /
 Hyogo Prefectural Board of Education / Kobe City Board of Education /
 Hyogo Amateur Athletic Association /

Chief Referee: Katsuji Honjyo
 Chief Recorder: Kazuhiro Fujita

Course: START: Kobe City Hall. Turning Point: West of Akashi-Kaikyo Bridge (Nishi-Maiko, Tarumi Ward)

Course certification is by Japan Association of Athletics Federations and Association of International Marathons and Distance Races (AIMS)

MARATHON FEMALE

Sunday, November 17th, 2019

9:00 First Wave start.
 9:15 Second Wave start.

Rank No.	Name	Age	5km	10km	15km	20km	25km	30km	35km	40km	Results
151	11819 Sachiyo Nabeshima	44	0:24:24	0:47:34	1:10:42	1:34:00	1:57:03	2:24:36	2:50:07	3:16:06	3:26:34
152	11374 Saori Tanaka	48	0:22:45	0:45:13	1:07:50	1:31:06	1:55:03	2:19:53	2:45:27	3:14:32	3:26:41
153	11817 Yako Ninomiya	38	0:24:48	0:48:28	1:12:26	1:36:46	2:01:10	2:26:06	2:51:25	3:16:04	3:26:43
154	11589 Kaoru Oe	46	0:22:42	0:45:22	1:08:30	1:32:18	1:56:50	2:22:03	2:48:11	3:15:42	3:26:46
155	12087 Yukari Obata	55	0:25:29	0:49:20	1:13:22	1:37:28	2:01:52	2:26:29	2:51:18	3:16:38	3:27:05
156	12632 Nanako Moriyasu	20	0:25:50	0:50:46	1:14:40	1:38:56	2:03:26	2:27:53	2:52:43	3:17:16	3:27:11
157	Toshiko Yoshikawa	40	0:20:07	0:40:27	1:00:49	1:21:39	1:47:24	2:11:41	2:43:30	3:16:14	3:27:14
158	12889 Nami Shimizu	51	0:26:08	0:49:52	1:13:54	1:38:27	2:02:56	2:27:18	2:51:51	3:16:31	3:27:15
159	13787 Yoshimi Shibata	48	0:26:15	0:49:46	1:13:27	1:37:01	2:00:48	2:25:26	2:50:30	3:16:39	3:27:16
160	12723 Noe Nishio	45	0:25:30	0:49:30	1:14:06	1:38:24	2:02:40	2:27:03	2:51:42	3:17:18	3:27:55
161	12938 Akiko Tanaka	41	0:27:11	0:51:38	1:15:57	1:40:14	2:04:27	2:28:47	2:52:44	3:17:29	3:27:56
162	15049 Rui Shimokoda	23	0:27:08	0:51:58	1:16:05	1:40:31	2:04:36	2:28:43	2:52:47	3:17:38	3:28:11
163	16596 Ai Oyama	30	0:29:04	0:52:18	1:15:04	1:37:58	2:01:12	2:24:46	2:49:37	3:16:39	3:28:15
164	12427 Chika Taninaka	21	0:25:58	0:50:03	1:13:55	1:38:06	2:02:24	2:27:05	2:51:45	3:17:29	3:28:18
165	15352 Kayako Ida	32	0:27:06	0:51:01	1:15:10	1:39:00	2:03:12	2:27:30	2:52:26	3:17:57	3:28:41
166	16615 Mizuho Hayashi	29	0:29:09	0:52:58	1:16:23	1:40:30	2:04:30	2:28:42	2:52:51	3:18:05	3:28:48
167	13922 Michiko Yamamoto	36	0:26:22	0:50:01	1:13:36	1:37:17	2:01:21	2:26:39	2:51:43	3:18:06	3:28:49
168	12846 Ai Aso	45	0:25:23	0:49:17	1:13:18	1:37:36	2:02:30	2:27:20	2:52:25	3:18:32	3:28:51
169	11020 Mika Takatani	26	0:25:36	0:50:05	1:14:45	1:39:32	2:04:31	2:29:24	2:53:53	3:18:42	3:28:59
170	14891 Asuka Kikkawa	47	0:26:52	0:50:44	1:14:30	1:38:59	2:03:46	2:28:46	2:53:07	3:18:18	3:29:00
171	13196 Fumi Takahashi	51	0:25:39	0:49:59	1:14:29	1:39:00	2:03:28	2:28:05	2:52:49	3:18:32	3:29:00
172	13366 Naoko Funakoshi	45	0:25:17	0:49:13	1:13:14	1:37:07	2:00:55	2:25:09	2:50:18	3:17:32	3:29:03
173	15121 Haruka Keshi	29	0:29:47	0:53:34	1:17:30	1:41:31	2:05:42	2:29:46	2:53:54	3:18:30	3:29:12
174	12006 Yukiko Suzuki	46	0:25:52	0:49:59	1:14:14	1:38:52	2:03:24	2:28:13	2:53:13	3:18:34	3:29:14
175	12014 Harumi Tanaka	57	0:25:04	0:48:48	1:12:36	1:36:29	2:00:37	2:25:16	2:50:52	3:17:55	3:29:18
176	13188 Yukino Hayashi	21	0:25:18	0:48:06	1:11:21	1:34:54	1:59:01	2:24:08	2:50:31	3:18:23	3:29:20
177	13267 Miwa Yoshimoto	23	0:24:40	0:47:17	1:10:32	1:34:52	1:59:50	2:25:41	2:52:46	3:19:00	3:29:31
178	14006 Kazuyo Nakamura	54	0:26:59	0:50:46	1:14:35	1:38:23	2:02:47	2:27:55	2:53:04	3:18:53	3:29:37
179	12013 Yumiko Takagihansen	55	0:25:03	0:48:58	1:13:17	1:37:56	2:03:07	2:28:17	2:53:18	3:19:05	3:29:46
180	12072 Kanako Kon	37	0:24:02	0:46:43	1:09:37	1:33:02	1:56:50	2:23:36	2:50:15	3:18:28	3:29:58
181	13653 Niina Tanigawa	30	0:27:50	0:52:01	1:16:08	1:40:42	2:04:40	2:28:53	2:53:25	3:19:01	3:30:05
182	12480 Makiko Kidaka	50	0:27:22	0:52:06	1:16:18	1:40:52	2:05:11	2:29:27	2:53:53	3:19:32	3:30:11
183	12266 Yui Osawa	35	0:27:27	0:52:25	1:16:58	1:41:21	2:05:25	2:29:29	2:53:55	3:19:35	3:30:17
184	14844 Ai Baba	20	0:27:07	0:51:15	1:15:24	1:39:42	2:04:03	2:28:35	2:54:12	3:20:20	3:30:33
185	12016 Yoshie Itoko	58	0:24:00	0:47:21	1:10:41	1:34:26	1:58:55	2:24:33	2:51:57	3:19:45	3:30:53
186	13161 Kazumi Takeda	48	0:25:25	0:49:37	1:13:47	1:37:59	2:02:32	2:27:57	2:53:33	3:20:12	3:31:10
187	13290 Hiroko Noma	56	0:25:58	0:51:05	1:16:02	1:40:38	2:05:19	2:30:26	2:55:48	3:21:14	3:31:27
188	14100 Miyuki Yamaguchi	62	0:27:11	0:51:36	1:16:07	1:40:40	2:04:56	2:29:42	2:54:31	3:20:33	3:31:28
189	12559 Yumi Deguchi	37	0:25:43	0:49:57	1:14:07	1:38:17	2:03:08	2:28:29	2:53:23	3:20:00	3:31:44
190	11394 Kanae Hosoya	40	0:25:50	0:50:01	1:14:07	1:38:06	2:02:52	2:28:01	2:53:18	3:19:45	3:32:00
191	13638 Hisako Fujita	56	0:26:19	0:50:33	1:14:49	1:39:08	2:03:39	2:28:30	2:53:38	3:20:38	3:32:03
192	13119 Rumi Miyashita	28	0:26:47	0:51:21	1:15:53	1:40:25	2:05:04	2:30:08	2:55:34	3:21:38	3:32:23
193	15015 Yuriko Kuribayashi	48	0:28:43	0:53:11	1:17:18	1:41:21	2:05:19	2:29:30	2:54:26	3:21:10	3:32:39
194	10750 Kanae Shimoyama	28	0:23:24	0:46:50	1:10:19	1:34:06	1:59:06	2:25:21	2:52:45	3:20:39	3:32:42
195	13823 Masumi Sawada	46	0:27:08	0:51:27	1:15:55	1:40:36	2:04:38	2:29:40	2:55:31	3:21:27	3:32:45
196	12556 Chie Maruyama	39	0:25:22	0:48:50	1:12:15	1:36:24	2:01:11	2:26:09	2:52:12	3:20:39	3:32:49
197	12994 Kayoko Okada	50	0:25:40	0:49:54	1:14:13	1:38:57	2:03:55	2:28:58	2:54:30	3:21:12	3:32:58
198	12022 Masayo Hata	56	0:24:35	0:47:55	1:11:17	1:35:22	2:00:28	2:26:24	2:53:20	3:21:37	3:33:17
199	13701 Mariko Yamaki	33	0:27:55	0:52:26	1:16:51	1:41:30	2:06:24	2:31:19	2:56:36	3:22:40	3:33:23
200	12617 Tomoko Niizato	50	0:25:56	0:50:26	1:14:48	1:39:32	2:04:46	2:30:58	2:57:23	3:23:08	3:33:38

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MARATHON FEMALE

Sunday, November 17th, 2019

9:00 First Wave start.
 9:15 Second Wave start.

Rank	No.	Name	Age	5km	10km	15km	20km	25km	30km	35km	40km	Results
201	13722	Mayumi Sakai	58	0:25:56	0:49:40	1:13:10	1:37:07	2:01:11	2:26:15	2:52:50	3:21:18	3:33:41
202	15073	Yoko Kitamura	52	0:27:11	0:52:03	1:16:37	1:41:30	2:06:25	2:31:12	2:56:09	3:22:29	3:33:41
203	14011	Masako Shiozaki	60	0:25:42	0:49:09	1:12:31	1:36:12	2:00:23	2:24:53	2:51:07	3:21:16	3:33:47
204	12857	Nanae Sumida	48	0:26:20	0:51:00	1:16:00	1:40:42	2:06:05	2:31:20	2:56:26	3:23:01	3:33:52
205	10023	Kanon Adachi	20	0:21:13	0:42:26	1:04:59	1:29:11	1:55:36	2:25:24	2:54:41	3:22:22	3:33:59
206	14473	Reina Miyazaki	27	0:28:59	0:53:28	1:18:11	1:43:08	2:08:01	2:33:08	2:58:53	3:23:58	3:34:30
207	12393	Sayuri Matoba	47	0:26:42	0:50:02	1:13:37	1:37:20	2:02:02	2:28:04	2:54:53	3:23:14	3:34:44
208	13142	Norie Murakami	48	0:25:54	0:49:59	1:13:53	1:38:11	2:03:12	2:28:30	2:54:26	3:22:40	3:34:46
209	12957	Kanako Kimura	51	0:26:03	0:50:41	1:15:26	1:40:15	2:05:13	2:30:26	2:56:08	3:23:14	3:34:47
210	14787	Kaoru Kusaka	59	0:27:10	0:52:01	1:16:15	1:41:13	2:06:22	2:32:11	2:58:07	3:24:21	3:34:55
211	14038	Aki Yoshioka	28	0:27:48	0:52:09	1:16:20	1:40:54	2:05:30	2:30:21	2:55:57	3:23:25	3:35:06
212	13708	Misa Mishima	52	0:28:19	0:53:08	1:17:31	1:42:13	2:06:19	2:31:15	2:57:02	3:24:13	3:35:12
213	17058	Cheung Yuen Yee	46	0:29:36	0:53:53	1:18:05	1:42:28	2:07:11	2:32:16	2:58:13	3:24:44	3:35:23
214	12630	Maki Toyonari	41	0:26:28	0:50:44	1:14:51	1:39:13	2:03:43	2:29:48	2:55:59	3:24:13	3:35:27
215	13342	Hisako Tanaka	53	0:24:51	0:48:26	1:12:25	1:36:43	2:01:27	2:27:48	2:55:11	3:23:43	3:35:43
216	10585	Tomoko Higuchi	45	0:24:41	0:49:29	1:15:21	1:42:05	2:09:33	2:35:51	3:00:35	3:25:37	3:35:56
217	14031	Naho Yoshida	44	0:27:16	0:52:15	1:16:38	1:41:07	2:06:21	2:31:55	2:57:58	3:25:02	3:35:57
218	11563	Yuka Sato	26	0:25:56	0:50:11	1:14:43	1:39:10	2:05:38	2:29:35	2:55:33	3:23:28	3:36:02
219		Yuko Okita	49	0:24:15	0:50:06	1:15:06	1:40:15	2:05:38	2:30:54	2:56:39	3:24:06	3:36:04
220	11844	Aki Murakami	42	0:23:01	0:46:25	1:10:27	1:35:11	2:00:38	2:26:48	2:53:48	3:23:13	3:36:04
221	11994	Akemi Yoshimine	58	0:24:23	0:47:46	1:11:21	1:35:18	1:59:40	2:25:10	2:52:45	3:23:26	3:36:10
222	12796	Emiko Yao	56	0:26:45	0:51:51	1:17:11	1:42:42	2:08:21	2:34:01	2:59:18	3:25:29	3:36:16
223	13788	Yukie Kishi	49	0:27:57	0:52:44	1:17:29	1:42:33	2:07:50	2:33:29	2:59:17	3:25:21	3:36:17
224	14171	Mayumi Mizutani	49	0:27:37	0:52:11	1:16:38	1:41:31	2:06:22	2:32:25	2:58:26	3:25:20	3:36:25
225	14615	Natsuki Fukada	47	0:28:51	0:54:41	1:20:22	1:45:49	2:10:56	2:36:25	3:01:35	3:26:35	3:36:34
226	15175	Satomi Tabata	35	0:27:09	0:51:59	1:16:09	1:40:42	2:05:32	2:32:07	2:58:49	3:25:35	3:36:39
227	13219	Hisae Sai	39	0:25:28	0:49:03	1:13:02	1:37:33	2:02:39	2:28:57	2:56:36	3:24:57	3:36:46
228	13906	Tomoko Tamura	44	0:27:05	0:52:00	1:16:05	1:40:32	2:05:15	2:31:10	2:57:54	3:25:25	3:36:50
229	13114	Mikako Bando	46	0:25:59	0:49:54	1:14:00	1:38:36	2:04:24	2:31:33	2:58:38	3:25:58	3:37:02
230	12429	Mariko Hiroka	51	0:26:15	0:50:02	1:13:49	1:37:46	2:02:23	2:27:52	2:53:42	3:24:11	3:37:02
231	12061	Azusa Nakamura	34	0:28:01	0:53:02	1:17:29	1:41:57	2:06:34	2:32:05	2:58:10	3:25:36	3:37:04
232	12697	Shiho Masaki	26	0:25:51	0:50:01	1:14:26	1:38:59	2:04:08	2:30:00	2:56:59	3:25:38	3:37:12
233	10775	Nonomi Hanafusa	20	0:25:08	0:49:27	1:13:54	1:38:27	2:03:15	2:29:16	2:56:25	3:25:05	3:37:13
234	13375	Ai Kondo	45	0:25:04	0:48:30	1:12:15	1:36:27	2:01:22	2:28:20	2:55:58	3:25:37	3:37:13
235	14312	Akiko Sakai	49	0:27:39	0:52:22	1:16:46	1:41:40	2:06:56	2:32:37	2:58:36	3:26:00	3:37:23
236	14448	Miki Tanaka	49	0:27:14	0:52:12	1:16:59	1:42:15	2:07:52	2:33:33	2:59:36	3:26:11	3:37:23
237	13950	Mitsuko Kaki	58	0:27:56	0:52:45	1:17:21	1:42:02	2:07:07	2:32:25	2:58:17	3:25:55	3:37:26
238	14294	Mitsuyo Shibata	46	0:27:39	0:52:16	1:16:44	1:41:15	2:06:23	2:32:28	2:58:51	3:25:56	3:37:28
239	20237	Kyoko Kawahara	43	0:33:17	0:58:13	1:23:12	1:48:10	2:12:42	2:37:27	3:02:10	3:26:55	3:37:31
240	14218	Kayo Koyama	50	0:27:10	0:52:14	1:16:46	1:41:45	2:07:08	2:32:38	2:59:16	3:26:26	3:37:34
241	12500	Yuko Kikui	53	0:25:34	0:50:21	1:15:26	1:40:40	2:06:04	2:31:54	2:58:30	3:26:07	3:37:45
242	14051	Yoshiko Nishioka	45	0:27:21	0:52:14	1:16:36	1:41:28	2:06:53	2:32:47	2:58:54	3:26:32	3:37:59
243	13609	Michiru Morikawa	58	0:27:33	0:52:53	1:18:23	1:43:54	2:09:45	2:35:21	3:00:38	3:27:19	3:38:11
244	14985	Reiko Ohashi	37	0:29:27	0:54:49	1:19:50	1:44:50	2:09:13	2:33:46	2:59:13	3:26:17	3:38:14
245	17080	MISS PANTHIP SUNGKAMANI	48	0:28:35	0:52:39	1:17:16	1:41:36	2:07:16	2:32:26	2:58:42	3:26:51	3:38:25
246	15299	Mari Nishiyama	43	0:28:12	0:51:59	1:16:09	1:40:32	2:04:42	2:29:30	2:55:58	3:26:07	3:38:29
247	14663	Yuki Tanaka	44	0:27:40	0:52:19	1:16:47	1:41:37	2:06:54	2:32:46	2:58:58	3:27:08	3:38:36
248	13848	Aki Taniguchi	51	0:28:17	0:53:21	1:18:18	1:43:34	2:09:08	2:35:04	3:01:13	3:27:47	3:38:44
249	15035	Eriko Tanimura	37	0:27:32	0:52:34	1:17:32	1:42:44	2:08:15	2:34:15	3:00:36	3:27:34	3:38:47
250	14364	Chieko Takahashi	60	0:28:57	0:54:34	1:19:45	1:44:49	2:10:01	2:35:12	3:00:48	3:27:36	3:38:48

KOBE MARATHON 2019

Organizers : Hyogo Prefectural Government / Kobe City /

Hyogo Prefectural Board of Education / Kobe City Board of Education /

Hyogo Amateur Athletic Association /

Chief Referee: Katsuji Honjyo

Chief Recorder: Kazuhiro Fujita

Course: START: Kobe City Hall. Turning Point: West of Akashi-Kaikyo Bridge (Nishi-Maiko, Tarumi Ward)

Course certification is by Japan Association of Athletics Federations and Association of International Marathons and Distance Races (AIMS)

MARATHON FEMALE

Sunday, November 17th, 2019

9:00 First Wave start.

9:15 Second Wave start.

Rank No.	Name	Age	5km	10km	15km	20km	25km	30km	35km	40km	Results
251	16017 Megumi Kondo	37	0:28:34	0:52:25	1:16:04	1:40:40	2:04:29	2:28:45	2:55:41	3:26:20	3:38:50
252	10736 Kumi Hashimoto	34	0:23:35	0:46:36	1:10:29	1:34:59	2:02:00	2:31:28	3:01:03	3:28:39	3:38:58
253	16426 Eriko Fujii	47	0:29:42	0:54:40	1:19:17	1:43:44	2:08:40	2:34:26	3:00:26	3:28:02	3:39:12
254	20423 Ayako Kamei	46	0:32:42	0:58:01	1:23:02	1:48:06	2:12:49	2:37:46	3:02:48	3:28:21	3:39:16
255	14696 Yuka Yamamoto	50	0:27:38	0:52:32	1:17:12	1:42:24	2:08:12	2:34:20	3:00:30	3:27:57	3:39:24
256	16655 Kayoko Sugiyama	50	0:30:27	0:55:38	1:20:45	1:46:04	2:12:10	2:37:50	3:03:44	3:29:14	3:39:28
257	13791 Tomoko Tanabiki	51	0:26:24	0:50:28	1:14:30	1:38:54	2:04:03	2:30:32	2:58:40	3:27:22	3:39:28
258	13258 Takane Kitamura	56	0:25:17	0:49:43	1:14:25	1:39:46	2:05:29	2:32:05	2:59:37	3:27:52	3:39:31
259	15621 Yuki Yoshitake	50	0:28:28	0:53:53	1:19:30	1:45:16	2:11:15	2:37:09	3:03:04	3:29:08	3:39:34
260	13601 Yumi Tamaoka	56	0:27:45	0:52:49	1:18:06	1:43:27	2:08:51	2:34:37	3:00:57	3:28:24	3:39:34
261	13888 Arika Iwata	35	0:28:18	0:52:53	1:17:23	1:42:11	2:07:45	2:33:42	2:59:58	3:28:06	3:39:35
262	13232 Eiko Nishikiori	47	0:27:13	0:52:47	1:17:53	1:42:53	2:08:46	2:34:54	3:01:45	3:28:32	3:39:37
263	14113 Yuko Akita	53	0:26:59	0:51:43	1:16:28	1:41:43	2:07:38	2:33:56	3:00:38	3:28:04	3:39:40
264	14139 Maki Onobuchi	46	0:26:58	0:51:31	1:16:06	1:41:26	2:07:54	2:33:57	3:00:48	3:28:30	3:39:55
265	14378 Aki Irikawa	35	0:27:57	0:53:03	1:17:57	1:43:18	2:08:56	2:35:02	3:01:38	3:28:36	3:39:57
266	14603 Hatsumi Asakura	53	0:26:40	0:51:03	1:15:17	1:40:06	2:05:18	2:31:33	2:58:26	3:27:44	3:40:00
267	15012 Keiko Yamashita	55	0:27:40	0:52:51	1:18:00	1:43:22	2:08:58	2:35:18	3:01:59	3:28:44	3:40:22
268	13893 Satomi Nakagawa	41	0:28:27	0:53:13	1:18:08	1:43:31	2:09:42	2:36:08	3:02:34	3:29:32	3:40:25
269	13882 Kuniko Yoshino	50	0:27:14	0:52:18	1:17:38	1:43:12	2:09:06	2:34:56	3:01:31	3:29:02	3:40:26
270	13126 Miwa Nishimura	48	0:26:35	0:50:58	1:15:15	1:39:53	2:04:35	2:29:19	2:57:18	3:27:53	3:40:29
271	13337 Harumi Omiya	54	0:25:20	0:50:03	1:15:09	1:40:28	2:06:00	2:32:38	3:00:15	3:28:58	3:40:34
272	12015 Ayako Murase	56	0:25:17	0:48:57	1:12:29	1:36:25	2:00:48	2:27:27	2:59:36	3:29:42	3:40:37
273	13137 Ikumi Ota	39	0:25:40	0:50:26	1:15:16	1:39:52	2:04:40	2:32:54	3:01:25	3:29:58	3:40:39
274	13115 Chiemi Ogawa	38	0:26:24	0:50:53	1:14:52	1:39:19	2:04:33	2:32:31	3:01:49	3:30:25	3:40:54
275	15573 Suzuka Suehiro	27	0:30:53	0:56:26	1:21:26	1:46:39	2:12:01	2:37:08	3:03:03	3:29:57	3:40:57
276	12143 Rei Ueda	39	0:26:54	0:52:10	1:17:01	1:41:53	2:07:24	2:34:00	3:03:25	3:30:25	3:41:13
277	11568 Minoru Hirata	40	0:23:53	0:47:21	1:11:24	1:36:16	2:02:03	2:32:45	3:03:48	3:30:19	3:41:13
278	13376 Fujiko Ihota	56	0:26:36	0:52:47	1:19:00	1:44:58	2:11:18	2:37:23	3:03:29	3:30:19	3:41:17
279	15728 Junko Kato	52	0:30:02	0:55:47	1:21:14	1:46:37	2:11:38	2:37:55	3:04:06	3:30:27	3:41:22
280	19512 Makiko Hiramatsu	43	0:31:19	0:55:35	1:20:19	1:44:52	2:09:55	2:34:55	3:01:27	3:29:20	3:41:24
281	14411 Masayo Kojima	59	0:28:10	0:53:21	1:18:32	1:44:24	2:10:30	2:36:44	3:03:17	3:30:28	3:41:34
282	13260 Mari Iwamoto	53	0:25:37	0:50:00	1:14:26	1:39:03	2:03:50	2:30:01	2:59:36	3:30:11	3:41:38
283	12074 Yumi Mita	47	0:24:45	0:48:28	1:12:30	1:36:54	2:04:37	2:31:26	3:01:51	3:30:13	3:41:40
284	14619 Miyuki Toriwa	25	0:29:45	0:55:38	1:21:16	1:46:48	2:12:14	2:37:49	3:03:34	3:30:25	3:41:40
285	17349 Hiroko Oga	45	0:30:40	0:56:08	1:21:25	1:46:48	2:12:10	2:38:15	3:04:07	3:30:27	3:41:41
286	14574 Chika Fujii	39	0:27:12	0:52:19	1:17:08	1:42:14	2:07:48	2:34:14	3:01:06	3:29:34	3:41:48
287	19364 Miho Miyayasu	38	0:30:29	0:54:53	1:18:20	1:41:57	2:05:39	2:30:35	2:58:59	3:29:30	3:41:51
288	14125 Taeko Takahashi	49	0:27:10	0:51:47	1:16:15	1:41:26	2:07:37	2:35:12	3:02:27	3:30:24	3:42:02
289	13054 Kazumi Yoshida	55	0:25:35	0:49:54	1:14:39	1:40:24	2:06:47	2:33:54	3:01:23	3:30:16	3:42:11
290	13987 Miho Kitamura	43	0:28:26	0:53:27	1:18:11	1:43:23	2:08:48	2:34:30	3:00:37	3:30:09	3:42:12
291	15362 Tomiko Sengoku	56	0:27:24	0:52:47	1:18:00	1:43:35	2:09:51	2:36:34	3:03:19	3:30:35	3:42:19
292	15029 Atsuko Masuda	52	0:27:14	0:52:21	1:17:16	1:42:21	2:08:01	2:34:33	3:01:52	3:30:30	3:42:26
293	12705 Yukari Yamaguchi	34	0:25:51	0:50:46	1:16:03	1:41:25	2:07:49	2:34:54	3:02:34	3:30:55	3:42:35
294	14230 Yumiko Obata	46	0:27:33	0:52:42	1:18:22	1:44:05	2:10:12	2:36:27	3:02:38	3:30:43	3:42:38
295	14909 Satomi Terai	43	0:26:43	0:51:05	1:16:09	1:41:28	2:07:26	2:34:24	3:02:09	3:30:48	3:42:43
296	11262 Azumi Iwaki	44	0:23:48	0:46:15	1:08:43	1:31:47	1:55:14	2:22:51	2:59:31	3:31:21	3:42:49
297	16181 Maki Hayashi	43	0:29:54	0:54:21	1:19:15	1:45:03	2:11:32	2:38:15	3:04:08	3:31:08	3:42:50
298	14440 Kyoko Maruoka	43	0:27:48	0:52:11	1:16:47	1:42:24	2:08:32	2:35:33	3:02:35	3:31:30	3:42:52
299	12416 Akemi Namiki	47	0:25:01	0:48:40	1:12:30	1:36:43	2:01:44	2:28:54	2:59:45	3:30:53	3:42:59
300	13504 Wong See Wai	35	0:25:53	0:51:01	1:16:39	1:42:51	2:09:27	2:36:36	3:04:06	3:31:43	3:43:00